



*"Women Reaching Women...in Brevard" is an outreach of real women with real women's issues in a world where there is much opposition to the call of Christ and to the fulfillment of destiny. We extend our arms and hearts to encourage one another in His faithfulness.*

**Women Reaching Women Newsletter**

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# Women Reaching Women

## A Faith-Based Ministry Right to the Heart

IN THE BEGINNING...  
By Donna Long

Just 10 months ago, Women Reaching Women was birthed from the heart of God. You may ask "what does this mean?" It means that it was not my idea to launch an organization that would become a one-of-a-kind outreach to women from all walks of life with the intention of bringing community and families together. Nor was it my idea to form an organization that would assist families who have loved ones who suffer from severe depression (Post Traumatic Stress Disorder) PTSD or TBI (Traumatic Brain Injury) caused by the effects of war.

Whether we understand the ways of God or not He is always with us and desiring to provide our every need. He is a personal God who cares about our hurts which includes families who suffer from situations in life that cause the separation of children and parents.

Thus, just 10 months ago in a night dream I was given the vision for Women Reaching Women and since then there has been the building of amazing relationships and community awareness to provide funding for the counseling of women and children who have no



*Women Reaching Women in Brevard "The Effects of War"*

means of support in their struggle to understand why their loved one who has come home from war needs help in readjusting to our society and everyday issues.

It has been like birthing a baby! My staff and I have labored and prayed for the day we can say "Now we

have begun!" This month Women Reaching Women along with Keys to Life Counseling Center were able to receive our first precious child who is crying out for help in understanding why Daddy is not the same! May I quote his mama, "I never considered that I could get my son counseling, and now in just one session I have more understanding in his emotional struggles." In this we celebrate... like the birthing of a baby!

Women Reaching Women is not just an organization but an outreach of the very heart of a loving, heavenly Father who cares and provides for his children. We want to say "Thank you" to all who have supported Women Reaching Women by coming to the monthly meetings or giving by way of serving or financial contribution. We look forward to our continuing partnership on behalf of many more women and children who will be helped because we care.

## Women Reaching Women...in Brevard

*WRW is a faith-based organization that endeavors to come along side of single moms, military moms and women in general in order to honor, support and encourage one another through life's trials.*

Meets 1st Monday of the Month

Mar 2, Apr 6, May 4, 2009 at 6:30 p.m.

Cartridge Source of America, 8850 Grissom Pkwy, Titusville 32780

Contact: Donna Long at (321) 383-2633

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### Special points of interest:

#### Women Reaching Women Program Schedule

- ◆ March 2 - Special Guest, Keela Carr - "Running the Race"
- ◆ April 6 - Speaker Patty Wilson - "Firm Footed Stability"
- ◆ May 4th - Mothers Day Fashion Show & Tea
- ◆ June - TBA - Picnic in the Park featuring "Community Band of Brevard"

## Spotlight on Keys to Life Counseling Center

*Following is an excerpt from a letter to Donna Long, Director, Women Reaching Women in Brevard from Dr. Lee Arnold, Keys to Life Counseling Center.*

*"It is a privilege to partner with your organization, Women Reaching Women, to help the women and families in our communities that are hurting and in need of emotional, relational and spiritual help.*

*I am especially excited about helping those who have been affected by the trauma and separation of serving our country in the armed forces. I believe our counselor's qualifications, experience and compassionate technique will be a strong component in the healing from any real or perceived negative effects of war and military service.*

Keys to Life is a not for profit 501(c)3 organization incorporated for the dual purpose of facilitating healing of emotional, relational, mental and spiritual sickness, and also to provide professional training to Christian counselors to help them to be more effective in promoting meaningful change in the lives of those they serve.

We started our ministry in Titusville in 1995 and have provided more than 10,000 individual appointments and many groups

focused on specific areas of need. More than 25% of the appointments were provided for people who could not pay at all. About 90% of the remaining appointments were at highly discounted rates to help people afford the help they needed. We have also done more than 100 workshops and training sessions for churches, ministries and Christian businesses.

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### Keys to Life Counseling Center

Lee Arnold, PhD President  
310 Maple Place, Titusville, FL 32780  
(321) 269-3911

**...Listen to Keys To Life  
broadcast 89.3 FM & 90.3 FM  
Mon-Fri 9:55 a.m.**

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At present we have three on site counselors available to us in our four sites (Titusville, Melbourne, Orlando and Winter Haven). Dr. Lee Arnold, (founder and president of Keys to Life) is a Doctoral level Pastoral Counselor with experience in managing and providing group and individual therapy for one of Florida Hospital's psychiatric departments, and serving as administrator of a 50-bed residential treatment facility for addictions and dual diagnosis. He also has over thirty years of pastoral counseling experience,

and has served as Dean of the College of Pastoral Counseling for Faith Christian University. He is certified in domestic violence and anger management by the National Association of Forensic Counselors certification board. He does predominantly relationship counseling, and holds many marriage and relationship retreats and workshops in the southeast. He has been certified in several relationship tools to train pastors and counselors in their use. He also is trained in using a person's spiritual nature to connect with the traumatic sources of anxiety and depression to heal his/her present situation and improve their life through changed thinking.

Our on site staff consists of a Licensed Mental Health Counselor and a Certified Addictions Counselor. Dr. Kay May, LMHC is a Certified Sex Therapist and R.N., who also specializes in women's issues and adolescents.

Dave Tolliver, Certified Addictions Counselor (with over twenty years of experience in working with addictions) and is certified in Domestic Violence and Anger Management from the N.A.F.C. (National Association of Forensic Counselors).

## Spotlight on Military Family, Dave and Marie DeFile

Dave and Marie DeFile are no strangers to serving in the military. Back in 1992 Dave served in the Air Force on a tour of duty in Saudi Arabia. More recently he served a six-month tour in Iraq as a Tech Sergeant in the Air Force Reserve. Dave left in August 2007 with the 920<sup>th</sup> Rescue Wing out of Patrick AFB. His duties as squadron leader included securing the perimeter of the base, tower duty, night watch, and off-base security details. It literally involved dodging bullets on a daily basis.

Just a few weeks after he arrived in country, one woman in his squad was seriously injured just as she got off duty. Just before she was medivaced out, several of the squadron gathered around the helicopter. Knowing that their squad leader was a Christian, one soldier asked Dave to pray. This incident served as a

sober reminder to Dave that he needed to be "prayed up" at all times.

Prayer was also a lifestyle for Dave's wife, Marie. She had been involved in their church's intercessory prayer ministry for many years, and she continued serving as leader of the group. With prayer as a foundation, Marie was in a good position to trust God with her husband's safety.



Whenever negative thoughts would bombard her mind, she would take them captive according to II Corinthians 10:5 and bring her thoughts into the "obedience of Christ." "I trust you, Lord." was the confession she used to counter fear and doubt. She was also careful to guard her heart by screening things she watched or heard.

On a practical level, Marie says that she had wonderful support while Dave was

gone. Keeping busy at her job as a medical assistant filled the days. Her two grown children were still living at home, and she had support at work and at church. "Friends would call to check on me or ask me to go out to dinner. God placed people in my life to help me through that time, and I felt really loved." Marie shared. "If you want to help someone whose spouse is deployed, pick up the phone and call or take them out so they can get away from the house. Show that you are genuinely concerned."

The communication with Dave while he was away was a real help too. "Because he was a squadron leader, he had a laptop and e-mailed me every night. Phone calls were fairly frequent as well. It was much different when he was in Saudi Arabia so many years ago when the mail took 14 days and phone calls worked like radio."

*Continued on page 4*

## Spotlight on East Coast Christian Center, Pastor Dan and Carolyn Stallbaum

On any given Sunday, sheriff's deputies direct traffic from busy Courtenay Parkway in the center of Merritt Island, past a huge, high-tech video sign and into the parking lot of East Coast Christian Center. A large building, formerly an x-rated movie theater, houses the main sanctuary, The Parkway Worship Center (PWC). Down a sidewalk just a few yards away, part of the crowd enters another building, The Avenue Worship Center (AWC), home of the ECCC video venue service. Members take a few moments to choose their favorite coffee as they prepare for their live worship team to begin. Musicians framed by a classy, black background take stage and a high-energy song signals the beginning of the service. There is no doubt that this church is moving with the times and attracting hundreds of people every week to hear Pastor Dan Stallbaum preach the gospel in a relevant way.

East Coast Christian center started with a handful of families in 1985 and opened its present facilities in 1987. Two

decades later, they have acquired two more buildings to house the ever growing congregation. Pastor Dan and wife, Carolyn, came to the church in 1989 following a tumultuous time when Dan left a pastorate in Colorado. Though he had no way of knowing, God was preparing a wounded pastor to join forces with a congregation recovering from the fall of the founding pastor. Both would be restored and rebuilt into the strong church body that it is today.

Dan's three-fold vision has always remained clear: Reach Up to God, Reach In to the church family, and Reach Out to the lost. If the parking lot is any indication, he takes it very seriously. In addition to the regular Sunday and Wednesday night services, there are several community-wide outreaches held on the property throughout the year—a basketball tournament, a backpack give away, a Thanksgiving feast, and even a winter fun day complete with snow.



Another way Pastor Dan reaches out with the gospel is through the radio program, *Morning Breath* aired on at 7:30 a.m. on 91.5 FM. It's a "live, drive-time devotional sure to jump start your day". The program has attracted thousands of listeners from across the county in the eight years it has been on the air. Recently the church has begun posting podcasts of sermons.

Pastor Dan, his wife Carolyn, and the entire staff and body of East Coast Christian Center are making it their mission to "build a life-giving church that lasts." With that kind of commitment, lives are being touched and changed every day in Merritt Island, in Brevard County, and in the uttermost parts of the world.

Service times: Sunday am @ 8:30, 10:00, 11:30; Weds @ 7:00 p.m.  
Phone 452-1060; www.eccc.us

## A Note From Donna... Director of Women Reaching Women



### THE PINK SHOE

Why do women love shoes so much? I have a closet lined with shoe racks and a three-drawer caddy on wheels that I sort the colored

shoes; then I have older ones under my hanging clothes on the floor. I go through them periodically and either give away or throw away, depending on how attached I am to them or what occasion I associate them with. I usually buy shoes that are on sale because buying at a discount price puts even more value to them. I love the victory cry that goes something like this: "What a deal, these shoes originally sold for \$70 and I got them for 50% off then another 15% off, Yahoo!" Can anyone relate? I love my shoes.

Well, two weeks ago I was getting ready to go out and I had put on a nice pink top, (hopefully) flattering jeans and then I remembered I had these adorable flat

pink shoes that would be comfortable and look great. So, I go to my treasure of shoes, pull open the drawer that has shoes that are multicolored, and begin my search for my pink shoes. Hmmm, not in the drawer. I look on the first rack, no pink shoes. I go to the second rack; still no pink shoes. Finally, under the rack I found one pink shoe. I assume the other is close by, so I continue my search. However, still no pink shoe. At this point I am going to be late for my appointment, so now I am getting frustrated and anxious.

Picture this, I am on my knees and thrashing through my closet, pulling down the shoes on the top row to see if my shoe had fallen behind. I open the drawers at least 6 times thinking I must have overlooked it. I pull my nicely-folded jeans that are stacked on the drawer off to the floor thinking the pink shoe must be under them. Still no pink shoe. By now my whole closet is a total disaster and I am still on my knees and desperate to find my shoe. I am thinking 'time is running out to make my appointment, now what do I do?'

Suddenly I hear a voice within me...a still, small but powerful voice says **"If only you were this desperate for me."**



Today I have one pink shoe that decorates my dresser that reminds me that the greatest treasure I have is found on my knees seeking all from my Savior.

I shared this story at our February Women Reaching Women fellowship. As I ended the story all the ladies let out a big gasp. Here is a short testimony sent to me that sums it all up:

*Your pink shoe story stuck with me (ya think??). My intimate time with the Lord has been amazing, however maybe I don't seek strong and hard and long enough like you did searching for the pretty pink shoe, you had to have it, can't do without it, love that shoe, paid a high price for that shoe, Oh God, I hope I can find it, I will mess up my closet to find it, get out of my way, cause I'm going in after it! Thank you Donna, I love the way God has anointed you and uses you to touch others! P.E.*



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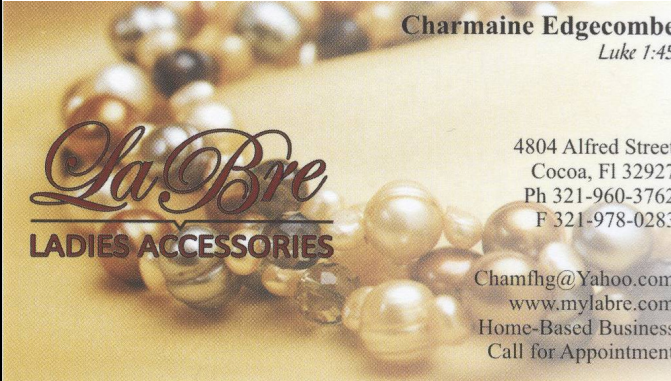



Spotlight on Military Family, Dave and Marie Defile  
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When Dave came home in February of 2008, Marie said it was definitely an adjustment. "When you're used to doing everything to hold down the fort, it's difficult to give some of that control back to your husband. The communication we had while he was gone really helped, but in a way I felt like we had to get to know each other all over again. Even though we had been married 23 years, I had butterflies like we were on a first date."

Dave is back at his job as an aircraft painter with Northrup Grumman, and he does reserve duty one weekend a month at Patrick AFB. Both Dave and Marie thank God for bringing him home again safely.

Thank you, Dave for serving God and country and for being a light among other soldiers in Iraq. God bless you, Dave and Marie.

By Evelyn Miracle

<p><b>FABULOUS KORVETTES</b>  <b>MUSIC OF THE 50'S 60'S 70'S &amp; 80's</b>  <b>LET US TAKE YOU BACK        IN TIME</b></p> <p><b>SAL NASCA</b>  <b>321.243.5317</b></p> <p><b>DOUG BLOUNT</b>  <b>321.298.4111</b></p> <p><a href="mailto:taylor32909@yahoo.com">taylor32909@yahoo.com</a></p> 	<p><b>DreamWeb</b></p> <p><b>Caroline McKeon, Ph.D</b>  <b>813.988.7772</b></p> <p><i>Web Design        Business Consulting        Florida Incorporations</i></p>  <p><a href="http://www.dreamweboffice.com">www.dreamweboffice.com</a>   <a href="mailto:caroline@dreamweboffice.com">caroline@dreamweboffice.com</a></p> <p><b>DreamWeb Office Consultants, Inc.</b></p>
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<p><b>Magen David        Messianic Synagogue</b></p>  <p><b>Rabbi Jem Golden</b>        (321) 213-2259 or <a href="mailto:jemgolden@yahoo.com">jemgolden@yahoo.com</a></p> <p>If you are Jewish, come and learn about the Messiah foretold in the Torah. If you are Gentile, come and be refreshed as you experience the Jewish roots of your faith.</p>	<p><b>Network Christian Community</b>  <i>Information Exchange for Christian Bible Studies,        Churches, Ministries, and Events</i></p>  <p><b>Tammie Reninger</b>        Network Administrator  <a href="mailto:Info@NetworkChristianCommunity.com">Info@NetworkChristianCommunity.com</a></p> <p><a href="http://www.NetworkChristianCommunity.com">www.NetworkChristianCommunity.com</a></p>